



# Central Alabama Christian Homeschool Athletic Bylaws

*Last Updated May 2026*

## Article I – Name & Purpose

**Name:** Central Alabama Christian Homeschool Athletics (CAC Athletics)

**Purpose:**

CAC Athletics exists to provide homeschool students with opportunities to participate in organized sports while developing athletic ability, teamwork, leadership, and Christ-centered character.

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## Article II – Statement of Values

We are committed to:

- Honoring God in competition and conduct
  - Promoting integrity, discipline, and sportsmanship
  - Developing student athletes both on and off the field
  - Supporting families through a collaborative, not drop-off, environment
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## Article III – Leadership Structure

**Leadership Team Includes:**

- Directors
- Coaches
- Sport Coordinators

**Responsibilities:**

- Approve teams, coaches, and schedules
- Manage league operations and finances
- Enforce bylaws and policies
- Handle disputes and disciplinary decisions

**Decision-Making:**

- Leadership decisions are made by majority vote
- Leadership decisions are final

**Article IV – Conference** - CAC Athletics plans to participate in the Alabama Christian Sports Conference (ACSC). Players and families may be required to comply with additional ACSC rules, eligibility requirements, and documentation as a condition of participation.

Parents should be committed to traveling when playing as the away team. As of now, the following schools are in the ACSC conference:

East Central Homeschool Sports (Trussville)	Lighthouse Homeschool Athletics (Onetona)
Evangel Christian School (Alabaster)	Southern Christian Athletics (Auburn)
Ezekiel Academy (Montgomery)	Sunshine Homeschool Association (Newbern)
Guardian Christian Athletics (Andalusia)	Tuscaloosa Warriors (Tuscaloosa)
	Wiregrass Kings (Dothan)

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## **Article V - Parent Expectations**

CAC Athletics is **not a drop-off program**.

Parents agree to:

- Be involved in some capacity (team support, volunteering, etc.)
- Communicate respectfully with coaches and leadership
- Refrain from coaching from sidelines during games/practices
- Follow the conflict resolution policy

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## **Article VI – Player Expectations**

Players are expected to:

- Demonstrate sportsmanship at all times
- Respect coaches, teammates, officials, and opponents
- Attend practices and games consistently
- Exhibit coachability and a positive attitude

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## **Article VII – Team Formation & Placement**

Players are placed on teams at the discretion of coaches and leadership based on:

- Skill level
- Team needs
- Attitude and coachability
- Commitment

### **Important:**

Team placement decisions are final and not subject to appeal.

## **Article VIII – Playing Time Policy**

CAC Athletics is a competitive league.

Playing time is not guaranteed. Playing time is earned based on effort, attitude, performance, coachability, attendance, and team needs.

Coaches are expected to develop all players while making game decisions in the best interest of the team. Fair treatment does not always mean equal playing time or equal roles.

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## **Article IX – Coach Expectations**

Coaches are responsible for making decisions regarding positions, lineups, playing time, strategy, and team discipline. These decisions are not subject to parent vote or approval.

Coaches must:

- Model Christ-centered character, sportsmanship, and respect.
  - Lead practices and games in an organized and effective manner.
  - Communicate clearly and respectfully with players and parents regarding schedules, expectations, and team responsibilities.
  - Make decisions in the best interest of the team, including decisions regarding positions, lineups, playing time, strategy, and discipline.
  - Treat players fairly while recognizing that fair does not always mean equal playing time or equal roles.
  - Maintain appropriate boundaries with players and families.
  - Follow CAC Athletics policies and support leadership decisions.
  - Pass a background check from SafeCoach facilitated by leadership
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## **Article X – Parent-Coach Communication Guidelines**

CAC Athletics values respectful, direct, and private communication between parents, coaches, and leadership.

Coaches are expected to communicate team schedules, practice expectations, game details, and major updates in a timely manner. Parents are expected to read team communication carefully and respond when requested.

Appropriate topics for parent-coach communication include:

- The player's effort, attitude, and development
- Ways the player can improve
- Practice expectations
- Injury or medical concerns
- Questions about team responsibilities or schedules

Coaches are not required to discuss:

- Playing time decisions
- Lineups, positions, or game strategy
- Team placement decisions
- Other players, parents, or families
- Rumors, gossip, or comparisons between athletes

Communication should remain respectful, private, and focused on the student athlete's development and participation.

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## **Article XI – Conflict Resolution Policy**

If a concern arises, parents agree to follow this process:

1. Wait 24 hours after a game, practice, or incident before contacting the coach, unless the issue involves immediate safety.
2. Contact the coach privately and respectfully to discuss the concern.
3. Limit the conversation to your own child and avoid discussing other players, parents, or families.
4. If the concern is not resolved, the parent may submit the concern to CAC Athletics leadership.
5. Leadership may speak with the coach, parent, player, or others involved before making a decision.
6. Leadership decisions are final.

Concerns should not be discussed through gossip, group complaints, group chats, team messages, social media posts, sideline confrontations, or communication with other families in a way that creates division or undermines coaches, players, families, or CAC Athletics leadership.

Public complaints, gossip, group text complaints, social media posts, sideline confrontations, or repeated disrespectful communication may result in disciplinary action, including suspension or removal from CAC Athletics.

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## **Article XII – Code of Conduct & Discipline**

Parents, players, and spectators are expected to demonstrate respectful behavior toward coaches, officials, opposing teams, players, and other families.

Violations include, but are not limited to:

- Unsportsmanlike behavior
- Disrespect toward coaches, officials, players, or other families
- Parent interference
- Disruptive or inappropriate spectator behavior
- Public complaints, gossip, or divisive communication
- Failure to follow the conflict resolution policy

Consequences may include:

- Warning
- Suspension
- Removal from team or program without refund

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### **Article XIII – Financial Policy**

Fees must be paid by the stated deadlines.

Fees are non-refundable unless otherwise stated by CAC Athletics leadership.

Fundraising may be required or encouraged.

Removal from a team or program due to conduct, attendance, eligibility, or policy violations does not entitle the family to a refund.

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### **Article XIV – Liability**

All participants must complete and sign a liability waiver prior to participation.

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### **Article XV – Eligibility**

Participants must be homeschooled and meet age/grade requirements for their division.

JV Eligibility: Students are eligible for JV teams only if they do not turn 16 before August 1 of the current school year. Students must be age 10 by August 1st to participate in try outs.

For high school athletics, eligibility begins in 9th grade and is limited to four consecutive years of high school participation, unless otherwise allowed by ACSC rules. .

Student-Athletes who will be 19 years of age prior to August 1 will be ineligible for athletics.

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### **Article XVI - Sponsorships**

All donations, sponsorships, grants, or other financial support given to CAC Athletics shall support the overall athletic program and shall not guarantee, imply, or influence team placement, roster status, playing time, position, or preferential treatment for any individual student-athlete.

Team placement and athletic decisions shall be determined by CAC Athletics leadership and coaches based on tryout performance, skill level, effort, attitude, coachability, attendance, eligibility, team needs, safety, and the best interest of the program.

Some teams may have limited roster spots due to facility space, league requirements, safety, or game logistics, while other teams may be open to all eligible students who meet participation expectations.

Any sponsor benefits, discounts, or registration credits must be approved by CAC Athletics leadership and applied according to the same written policy for all participants.

## **Article XVII - Sponsorship Credit Policy**

CAC Athletics offers sponsorship opportunities at the following levels: Founding Eagle Sponsor, Champion Sponsor, Legacy Sponsor, and Blue & White Sponsor.

Any family that secures an approved and paid CAC Athletics sponsorship of \$250 or more may receive a \$50 credit toward one student-athlete's registration fee. Sponsorship credits are limited to one \$50 credit per sponsorship unless otherwise approved by CAC Athletics leadership.

All sponsorships support the overall CAC Athletics program and shall not guarantee, imply, or influence team placement, roster status, playing time, position, or preferential treatment for any student-athlete. Sponsorship credits must be applied according to the same written policy for all participants.

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## **Article XVIII- Amendments**

These bylaws may be modified by CAC Athletics leadership as needed to support the growth, safety, and organization of the program. Families will be notified of significant updates.